



## Reflection questions

*Work with selected questions to enhance the teacher's reflection on his or her own discipline.*

### PURPOSE AND APPLICATION

Use reflection questions in individual exercises to let the teachers reflect on their own discipline, professional practice, values and rationales.

The exercise works well in the beginning of a collaboration process to facilitate an individual reflection as well as a dialogue amongst the teachers, where they can compare and put into perspective their answers to the reflection questions

### GUIDANCE

In this section you can find a selection of reflection questions for inspiration. Depending on how much time you have and what the teachers need to reflect on, pick one or several of the questions to work with:

- *What are your primary disciplinary **interests**?*
- *Which types of **methods** are you applying in your field of work?*
- *To what discipline do you feel you **belong**? (Not your department affiliation, but where you feel at home)*
- *How would you within your discipline describe a **problem**?*
- *Where do you within your discipline find **solutions**?*
- *Which type of knowledge **develops** your disciplinary field?*
- *Which discipline do you **represent** in the course/education?*
- *How is knowledge established as **valid and reliable** within your disciplinary field?*

Then the teachers are to answer one or several of the questions and write down their thoughts.

Afterwards share in groups (max. 5 people), compare and discuss.

Follow up in plenum by discussing the most interesting thoughts and possible similarities and differences of the teachers' answers. Discuss how it relates to the cross-disciplinary teaching as well as how to proceed from here.

### WORTH CONSIDERING

Consider writing/printing the reflection questions on small cards, which the teachers can do different exercises with, e.g.:

- Prioritize the questions by placing the cards by how relevant or interesting they are, and then answering them afterwards
- Look at all the questions: select three questions that are most interesting to you and reflect on why with a colleague. After that, please answer the questions.
- Look at all the questions: which of the questions do you suppose has most significance for the cross-disciplinary collaboration with your colleagues? Write your reflections down and discuss in plenum.

### PREPARATION

You can use the list of reflection questions above or you can choose to develop your own reflection questions to fit the needs and challenges of your specific cross-disciplinary project.